



# JANUARY



DAILY MEAL PRICES : MIDDLE/HIGH SCHOOL BREAKFAST \$1.75 / LUNCH \$2.70

**A student may not charge breakfast.** Students can charge lunch for up to \$15.00 and \$6.00 for reduced. Students who have reached the lunch charge limit will be provided the alternate lunch. When charges are paid up to date, the regular lunch will be served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	WITH WINTER UPON US, REMEMBER MENU IS SUBJECT TO CHANGE...		HAMBURGER S/W 4 POTATOE FRIES VEG. CHOICE FRUIT CHOICE MILK	PIZZA 5 GREEN BEANS VEG. CHOICE FRUIT CHOICE MILK	 <b>FRESH VEGETABLES OFFERED WEEKLY</b>
BR.CHICKEN S/W 8 SCALLOP POTATOES VEG. CHOICE FRUIT CHOICE MILK	HOT DOG /SLOPPY JOES 9 BAKED BEANS VEG CHOICE FRUIT CHOICE MILK	BEEF NACHOS 10 REFRIED BEANS VEG CHOICE FRUIT CHOICE MILK	CHILI 11 VEG. CHOICES FRUIT CHOICE CORNBREAD MILK	CHICKEN NUGGETS 12 CARROTS VEG. CHOICE FRUIT CHOICE BREADSTICK/MILK	
<b>MLK DAY</b> SNOW MAKEUP DAY IF NEEDED	STUFF CRUST PIZZA 16 BROCCOLI VEG. CHOICE FRUIT CHOICE BREADSTICK/MILK	BEEF TACOS 17 BLACK BEANS VEG. CHOICE FRUIT CHOICE MILK	CHICKEN AND NOODLE 18 MASHED POTATOES VEG. CHOICE FRUIT CHOICE ROLL/MILK	CORNDOG NUGGETS 19 GREEN BEANS VEG. CHOICE FRUIT CHOICE MILK	 <b>FRESH FRUIT OFFERED DAILY</b>
HAMBURGER S/W 22 SWEET POT. TOTS VEG. CHOICE FRUIT CHOICE MILK	CHILI 23 VEG. CHOICE FRUIT CHOICE CORNBREAD MILK	CHICKEN TACOS 31 BLACK EYE PEAS VEG. CHOICE FRUIT CHOICE MILK	SPAGHETTI BAKE 25 TOSS SAIAD VEG. CHOICE FRUIT CHOICE BREADSTICK/MILK	BR. CHICKEN S/W 26 CARROTS VEG. CHOICE FRUIT CHOICE MILK	 Research shows that students who skip breakfast have shorter attention spans and don't do as well on test.
KNIGHTS CHIC BOWL 29 (MASHED POT,CORN, GRAVY) VEG. CHOICE FRUIT CHOICE BISCUIT/MILK	HOT DOG /SLOPPY JOES 30 BAKED BEANS VEG CHOICE FRUIT CHOICE CHIPS/MILK	TEXAS STRAW HAT 31 REFIRED BEANS VEG. CHOICE FRUIT CHOICE MILK	BIG DADDY PIZZA 1 TOSS SALAD VEG CHOICE FRUIT CHOICE MILK	<b>BUILD YOUR OWN PASTA</b> (MEATSAUCE OR CHIC. ALFREDO) TOSS SALAD/VEG. CHOICE FRUIT CHOICE BREADSTICKMILK	
<b>CEREAL AND TOAST OR YOGURT AND TOAST</b> 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	<b>SAUSAGE BAGEL CEREAL AND TOAST OR YOGURT AND TOAST</b> 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	<b>FRENCH TOAST OR CEREAL AND TOAST OR YOGURT AND TOAST</b> 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	<b>BREAKFAST PIZZA OR CEREAL AND TOAST OR YOGURT AND TOAST</b> 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	<b>2 PANCAKES OR CEREAL AND TOAST OR YOGURT AND TOAST</b> 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	

MENU IS SUBJECT TO CHANGE  
PLEASE NOTIFY THE SCHOOL OFFICE IF YOUR CHILD SUFFERS FROM A FOOD ALLERGY, MEDICAL DOCUMENTATION IS REQUIRED.  
USDA IS A EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.  
IN ACCORDANCE WITH THE FEDERAL LAW AND THE U.S. DEPARTMENT OF AGRICULTURE THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATION ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY.